

## FACULTY DEVELOPMENT: NEW ACGME DUTY HOUR STANDARDS TAKE EFFECT JULY 2011

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- To assure the safety and quality of care rendered to patients in our teaching hospitals, the ACGME has revised the duty hour regulations as listed below.
- In preparation for these new rules, our program has instituted many changes over the last few years e.g. night float coverage; therefore you may not notice much difference in the coverage provided by the residents.
- The major areas that will be affected with these new rules are the PICU and NICU rotations where upper level residents will now be limited to **28 hours of continuous duty\***. Ex: if resident arrives for work at 7 am and in on call that day, they must leave by 11 am the next day.
- Comparison of Current ACGME Duty Hour Standards to New Regulations

	Current	2011
<b>Maximum hours of work per week</b>	80 hours, averaged over 4 wks	No change
<b>Maximum Duty Period Length*</b>	30 hours (admitting patients up to 24 hours then 6 additional hours for transitional and educational activities)	<ul style="list-style-type: none"> <li>• PGY-2 and above: 28 hrs (admitting patients for up to 24 hrs, plus 4-hr remaining hrs for transition and educational activities)</li> <li>• PGY-1 : 16 hrs</li> </ul>
<b>Maximum in-hospital on-call frequency</b>	Every third night, on average	Every third night, no averaging
<b>Minimum time off between scheduled duty periods</b>	10 hours after shift length	<ul style="list-style-type: none"> <li>• PGY-1, 2, 3 should have 10 hrs; must have 8 hrs</li> <li>• Must have 14 hrs after 24 hrs on in-house duty</li> </ul>
<b>Maximum frequency of in-hospital night float</b>	Not addressed	<ul style="list-style-type: none"> <li>• 6 consecutive nights; 4 weeks/year</li> </ul>
<b>Mandatory time off duty</b>	<ul style="list-style-type: none"> <li>• 4 days off per month</li> <li>• 1 day (24 hours) off per week, averaged over 4 weeks</li> </ul>	Same
<b>Moonlighting</b>	Internal moonlighting is counted against 80-hour weekly limit	<ul style="list-style-type: none"> <li>• Internal and external moonlighting is counted against 80-hour weekly limit</li> <li>• All other duty hour limits apply to moonlighting in combination with scheduled work</li> </ul>
<b>At Home Call</b>	Time spent in hospital must count towards 80-hour rule; the frequency is not subject to the q 3 <sup>rd</sup> night rule, but must satisfy the 1 day 7 free rule	Same