

September 8, 2020



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Welcome Back, Dr. Fulton!



The department welcomes **Kyle Fulton, MD** back to NOLA. As you know, Dr. Fulton has been in Seattle this past year completing a Craniofacial Pediatrics Fellowship at the University of Washington School of Medicine and Seattle Children's Hospital. He is joining the department again as an Assistant Professor in the Ambulatory Division and has been appointed Director of the Craniofacial Team at Children's Hospital. Dr. Fulton was the Director of Nursery Services for LSU Pediatrics at Touro Infirmary from 2016 - 2019. He completed his three years of residency in the department and was awarded both the Outstanding Teaching Resident Award and the Gretchen M. Life Award at graduation. Dr. Fulton is an Arkansas native, having received his undergraduate degree from Arkansas State University in Jonesboro and his medical degree from University of Arkansas for Medical Sciences in Little Rock. It's great to have you back at LSU, Dr. Fulton!

Wellness Break: 3 Ways Your Mind Makes You Miserable (And How to Stop It Today)

Dr. Jerussa Aita-Levy recommends reading our last Wellness Grand Rounds

Speaker Dr. Gail Gazelle's emails and blog posts. Dr. Levy found Dr. Gazelle's most recent [post](#) helpful and wanted to share it with the department. You can also watch Dr. Gazelle's weekly wellness talks on her [Facebook page](#).

LSU Pediatrics Virtual Research Fest October 2, 2020 1:00pm - 5:00pm

Dr. Stuart Chalew announced yesterday that the department's Research Fest will be held virtually this year on Friday, October 2 from 1:00pm - 5:00pm. Abstracts can be submitted until Sunday, September 13. All abstracts will be accepted and presented as slides. Please review the [Call for Abstracts](#) to learn more.

SSPR Releases Call for Abstracts Volunteer Opportunity to Review Abstracts



**SRM Abstract Submission Deadline -
October 9 at 11:00pm CST**
<https://srm2021.abstractcentral.com/>

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27, 2021. Abstracts submissions are due October 9 at 11:00pm CST. Read the official call for abstracts [here](#).

Dr. Marcie Houser is asking for volunteers from the department to help review abstracts for the meeting. If interested in reviewing Pediatric clinical case reports, Adolescent and General Pediatrics abstracts, and Neonatology case reports, [email Dr. Houser](#).



Caring for LGBTQ Youth Training

You're invited to participate in a training series targeted at increasing provider capacity to deliver inclusive and

welcoming care to LGBTQ youth!

This training will use a combination of live virtual sessions for engagement with the training staff and co-learners, and three self-paced training modules that deliver the core content of the training. This training is being conducted in partnership with Teen Health Mississippi.

Live Webinar #1

Purpose: Discuss training expectations and prepare for LGBTQ 101

Date/Time: 9/2/20 OR 9/4/20 from 11:30 am to 1:00 pm (participants will be able to select which date they prefer to attend. More information on selecting a date will be provided after registration)

LGBTQ 101: Getting the Basics (self-paced)

Dates: 9/7/20 to 9/27/20

Live Webinar #2

Purpose: Recap LGBTQ 101 and prepare for LGBTQ 102

Date/Time: 10/2/20 from 11:30 am to 1:00 pm

LGBTQ 102: A Deeper Dive (self-paced)

Dates: 10/5/20 to 10/25/20

Live Webinar #3

Purpose: Recap LGBTQ 102 and prepare for LGBTQ 103

Date/Time: 10/30/20 from 11:30 am to 1:00 pm

LGBTQ 103: Taking Action (self-paced)

Dates: 11/2/20 to 11/22/20

Registration

To register, please email Carleigh Baudoin at cbaud6@lsuhsc.edu

Continuing Education Credits

CNE: This training has been approved for nursing continuing education credits (RN, APRN) through Children's Hospital New Orleans.

CME: The Louisiana State University School of Medicine, New Orleans designates this live activity for a maximum of 9 *AMA PRA Category 1 CreditsTM*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

See printable flyer [here](#).

Healthy Tigers Food Drive

PGY-3 Resident Nikita Lalchandani and the Healthy Tigers thanks everyone who contributed supplies and monetary donations to their annual School Supply Drive. The group was able to collect lots of supplies to donate to [Dinerral Shavers Educational Fund's](#) Social Distance Back to School Extravaganza which will organize school supply drop offs to some of our city's most deserving families.

Other Announcements

Latest edition of LSU SOM's *The Pulse*. ([link](#))

NORC Initiative to Advance the Careers of Researchers from Groups Underrepresented in Academia (URiA) Schedule ([information](#))

New Vertebrate Animals Section (VAS) Online Training Module ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 [here](#). All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Several Avenues of Stats Support, Education and Consultation ([information](#))

Download the new Department Composites for this academic year!([Faculty](#), [Fellow](#), [Resident](#)).

FACULTY DEVELOPMENT

New video monthly

September Video: *Giving Feedback*

Feedback is crucial for educating our learners. But it doesn't always come naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run time of 12 minutes its great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

<https://vimeo.com/76300757>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

COVID-19 Visitor Update ([information](#))

Latest COVID-19 Policies ([information](#))

Upcoming Events



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, September 9, 2020
Noon-1pm

“Expanding the Differential Diagnosis: Food Protein-Induced Enterocolitis Syndrome.”

Margaret Huntwork, MD
Assistant Professor of Medicine,
Tulane University School of Medicine,
Section of Clinical Immunology, Allergy, and Rheumatology

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZlSUJkOzdpajErbDd2Smt4Zz09#success>

Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile:

+16465588656,,99010762984# US (New York)

+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Recognize signs and symptoms of Food Protein-Induced Enterocolitis Syndrome (FPIES).
2. Differentiate between acute and chronic FPIES.
3. Describe how to manage FPIES in the Emergency Department or hospital setting.
4. Identify the most common foods that trigger FPIES.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

LSU Health
NEW ORLEANS
School of Medicine
Department of Pediatrics

LOUISIANA STATE  MEDICAL SOCIETY

 **Tulane**
University
SCHOOL OF MEDICINE
Department of Pediatrics

Join Grand Rounds through the Zoom Portal:

<https://lsuhsc.zoom.us/j/99010762984?>

Resident Senior Scholarly Presentations

Conference: Clinical Case Conference
Date/Time: Tuesday, September 8, 2020, 12:10pm – 1:00pm
Title: "Not Just an Ear Infection"
Presenter: Dr. Nicole Vegh
Mentor: Dr. Zach LeBlanc

Faculty's dedication to our trainees and effort to attend these sessions and contribute to the discussion is much appreciated. CME credit will be offered!

Zoom Information: Meeting ID: 987 2113 4546; Password: Isupeds20
[Click here for the zoom link.](#)

10.2.20 - LSU Pediatrics Virtual Research Fest, 1:00pm - 5:00pm. Review the [Call for Abstracts](#) to learn more.

11.21.20 - 22nd Annual Frontiers in Diabetes Research Conference:
"Obesity, Diabetes and COVID-19 – elucidating the bidirectional links"
([information](#))

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
2. A great article about grief in this new version of our world ([information](#))
3. CAP's Advise on Dealing with Stress ([article](#))
4. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Need child care? Touro's got you covered. Touro has re-opened its Kids Activity Center and they are generously accepting children of LCMC Health employees (ages 5-11). The Kids Activity Center is open from 6:30 am - 7 pm.

CHNOLA Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back in-person on Tuesdays and Thursdays! Beginning Tuesday, September 8, all bootcamp sessions on Tuesdays and Thursdays will be in-person outside the Conference Center. The time will remain 5:30 - 6:30 pm.

CHNOLA Yoga: We're bringing back Zoom yoga with Dr. Amy Henke! Classes will be Wednesdays from 5:30 - 6:30 pm. Children's Hospital Psychologist, Dr. Amy Henke will be leading free Zoom Yoga classes for employees and staff. No experience is necessary! Classes are suitable for beginners and designed to encourage moving at your own pace with an emphasis on mindfulness, relaxation, and somatic stretching. <https://chnola.zoom.us/my/amyhenke>
Zoom ID number: 867 947 2744

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 27 years

Cori Morrison, 10 years

Amanda Dumas, 7 years

Leslie Reilly, 6 years

Brooke Naranjo, 4 years

Peter Tieh, 4 years
Tamara Bradford, 1 year
Ashley Stevens Farge, 1 year
Rachel Hansen, 1 year
Nathalie Medeiros, 1 year
Shannon Powell, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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