



**LSU HEALTH
NEW ORLEANS
HOUSE OFFICER
HURRICANE
PREPAREDNESS
GUIDE**

*Hurricane Season:
June 1 - November 30*

How You Can Prepare

✓ **Stay Informed**

Sign up for
emergency alerts

✓ **Know the Risk**

Be prepared for all
weather possibilities

✓ **Make a Plan**

Know where to go and
stay in contact with
your Department

✓ **Prepare Your
Home**

Bring in Outdoor items
and empty the fridge

✓ **Complete Your
Checklist**

Sign up for NOLA ready
and LSUHSC alerts

www.lsuhscc.edu/alerts/

LSU Health New Orleans

House Officer Hurricane Preparedness Guide

1. Stay Informed

Sign up for emergency alerts:

Register for LSUHSC-NO Alerts:

- Log in to <https://lsuhsc.omnilert.net> with LSUHSC-NO ID
- Add phone number and validate with text code
- Text 'NOLAREADY' to 77295
- Visit ready.nola.gov
- Download the Smart911 app and register your medical needs
- Follow LSU Health and LCMC alerts via email

2. Know the Risks

Be prepared for:

- High winds and flooding
- Tornadoes
- Power and water outages
- Mandatory evacuations

3. Make a Plan

- Know where you'll go if evacuation is needed
- Include pets in your plan
- Stay in contact with your co-residents and program leadership
- Call 3-1-1 if you need evacuation assistance

4. Prepare Your Kits

Home Kit:

- Food & water for 3 days
- Flashlight, batteries, first aid kit, hygiene items
- Fully charged phone & portable charger

Go Bag:

- ID, cash, insurance docs
- Medications, medical devices
- Phone charger, pet supplies

LSU Health New Orleans

House Officer Hurricane Preparedness Guide

5. Hospital & Duty Expectations

- You'll be notified of your duty status by program leadership
- Some may be designated as essential personnel
- Stay in contact with your Program Director and Program Administrator

6. Prepare Your Home

- Bring in outdoor items
- Clear gutters and drains
- Lower fridge temp and fill bathtubs
- Charge devices and move valuables off floors

7. Evacuation Information

- Mandatory evacuations require all non-essential staff to leave
- Use city-assisted evacuation via nearest bus stop or call 3-1-1
- One carry-on bag per person, pets welcome

8. Resident Hurricane Prep Checklist

- ☐ Signed up for NOLA Ready alerts
- ☐ Created Smart911 safety profile
- ☐ Registered phone for LSUHSC-NO Alerts
 - ☐ Packed Home Kit and Go Bag
 - ☐ Created evacuation plan
 - ☐ Made pet arrangements
 - ☐ Car fueled and cash on hand
 - ☐ Checked in with chief or admin
- ☐ Reviewed hospital duty expectations