

LUNG CANCER RISK ASSESSMENT

Directions: Complete the following quiz to assess your own risk for developing lung cancer. Add up your total points and check your score with the table at the bottom of the page.

1. What is your age?

- a. 39 years or younger.....1
- b. 40 – 49 years.....2
- c. 50 – 59 years.....3
- d. 60 years and older.....4

2. Are you frequently exposed to secondhand or passive smoke?

- a. No.....1
- b. Yes.....3

3. I have been exposed to:

- a. Mining.....3
- b. Radioactive products.....3
- c. Asbestos.....3
- d. None of these.....1

4. Have you ever been diagnosed with Tuberculosis (TB)?

- a. No.....1
- b. Yes.....3

5. Do you have a brother, sister or parent with lung cancer?

- a. No.....1
- b. Yes.....3

6. Type of smoking:

- a. Non-smoker.....1
- b. Cigarettes.....3
- c. Cigars and/or pipe.....3

7. If you used to smoke, when did you quit smoking?

- a. Never smoked.....1
- b. Less than 2 years ago.....4
- c. 2 – 10 years ago.....3
- d. More than 10 years ago.....2

8. How many cigarettes did/do you smoke a day?

- a. None.....1
- b. Less than ½ pack.....3
- c. ½ – 1 pack per day.....4
- d. 1 – 2 packs per day.....5
- e. 2 or more packs per day.....6

9. How long have you smoked?

- a. Never smoked.....1
- b. Up to 15 years.....3
- c. 15 – 25 years.....4
- d. Over 25 years.....5

YOUR TOTAL SCORE _____

9 - 15	Low Risk
16 - 24	Average Risk
23 - 32	High Risk
33 - 43	Very High Risk