LUNG CANCER FACTS



OVER 221,000 PEOPLE are diagnosed each year in the US.¹

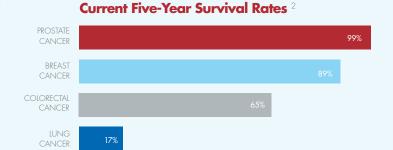
APPROXIMATELY 158,000 LIVES are lost annually. 1

LUNG CANCER CLAIMS MORE LIVES than breast, prostate and colon cancers combined.1

THERE IS HOPE. As research funding grows, more new treatments are available and survival rates improve.

1 in 13 Men & 1 in 16 Women Will Develop Lung Cancer 1,2





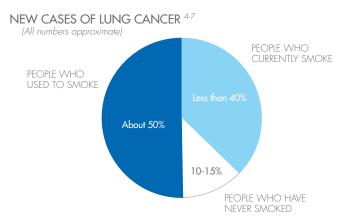
RISK FACTORS

Smoking remains the leading risk factor for lung cancer.¹

Exposure to radon is the second leading risk factor of lung cancer3

Other risk factors include exposure to:1

- secondhand smoke
- radiation
- asbestos
- air pollution
- diesel exhaust
- arsenic
- other organic chemicals
- Family history and genetic factors may also play a role in lung cancer development.



People who have never smoked account for between 20,000 and 30,000 lung cancer diagnoses every year.5

SYMPTOMS

See your doctor if you experience any of the following common symptoms of lung cancer:

Blood when you cough or spit

Recurring respiratory infections

Enduring cough that is new or different

Ache or pain in shoulder, back or chest

Trouble breathing

Hoarseness or wheezing

Exhaustion, weakness or loss of appetite

Other symptoms may include:

- swelling in the neck and face
- difficulty swallowing
- weight loss

SCREENING

If you smoke now or have in the past, ask your doctor if lung cancer screening tests may be right for you. Recent guidelines recommend annual CT screening for certain people at high risk.

LEARN MORE ABOUT SCREENING at

freetobreathe.org/screening-facts.

P 608.833.7905 | F 608.833.7906 | freetobreathe.org

Full reference list available online at freetobreathe.org/factsheet.

WHAT YOU CAN DO



REDUCE YOUR RISK OF LUNG CANCER

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If you smoke, get the help you need to quit. You can get help from state quitlines and other programs. Visit becomeanex.org or smokefree.gov, or call 1-800-QUIT-NOW.

Reduce exposure to radon. If you live in an area with high levels of radon, consider having your house tested for radon exposure and, if needed, take steps to reduce radon levels. More information is available at epa.gov/radon.

GET INVOLVED

Join a Free to Breathe event. Fundraise and participate in a run, walk, yogathon or bike ride near you.

Start your own fundraiser. Design your own unique fundraiser, create a fundraising page to honor a loved one, or start your own lung cancer walk with Walk Your Socks Off.

Share patient resources. Help people living with lung cancer confidently make decisions about their care by distributing our free patient resources at local hospitals and clinics.





CLOSE THE FUNDING GAP

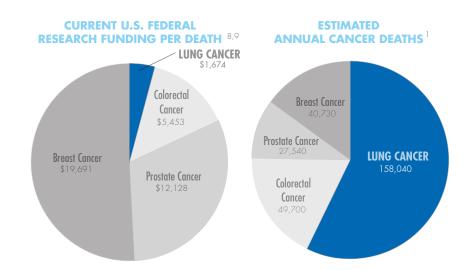
Lung cancer claims more lives each year than breast, colon and prostate cancer combined.

But, these three cancers receive an average of

7.5x MORE RESEARCH FUNDING per life lost than lung cancer.

Research means better treatment options and increased survival

DONATE TO SUPPORT LIFE-SAVING RESEARCH at freetobreathe.org/donate



ABOUT FREE TO BREATHE WHAT WE DO

- Fund research with the greatest potential to save lives.
- Increase the number of lung cancer patients participating in clinical trials.
- Build and empower the lung cancer community.

OUR MISSION is to ensure surviving lung cancer is the expectation, not the exception.

OUR VISION: Double lung cancer survival by 2022.

LEARN MORE about how your support helps at freetobreathe.org/your-support.

Free to Breathe | 1 Point Place, Suite 200 | Madison, WI 53719 P 608.833.7905 | F 608.833.7906 | freetobreathe.org

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