



Agreement for Executive Coaching

Executive coaching is a professional development process where a trained and certified coach works with executives, leaders, or high-potential employees to enhance their leadership skills, performance, and personal development. Executive coaching can lead to improved performance, better decision-making, and enhanced leadership capabilities through increasing insight, self-awareness and self-reflection.

Engagement with executive coaching includes the following:

- Review of Leadership Academy assessments including: DISC Behavioral Styles, 360 Assessment, TKI Conflict Scale.
- Individual executive coaching sessions at intervals mutually agreed upon by coach and coachee. Meetings will focus on specific goals which may be informed by assessment results or goals you have set.
- Email support is available.
- Timely notification is expected for any scheduling adjustments that may arise.
- Feedback will be requested on the effectiveness of coaching and how well it supported you in reaching your goals.
- All coaching conversations are confidential.
- Agreement on specific goals to be addressed. Goals include:
 1. _____
 2. _____
 3. _____

Please sign and date below to indicate that you accept and agree to these terms.

Printed Name of Coachee: _____

Signature: _____ Date: _____

Printed Name of Coach: _____

Signature: _____ Date: _____