# **HEMATOLOGY ONCOLOGY GOALS AND OBJECTIVES**

# Faculty:

Raj Warrier, M.D., Division Chief Renee Gardner, M.D. Tammuela Singleton, M.D. Maria Velez, M.D. Lollie Yu, M.D.

#### Goal:

- 1. Understand how to determine the difference between normal and pathologic states related to the hematologic and lymphatic systems.
- 2. Understand how to diagnose and manage hematological disorders which generally do not need referral.
- 3. Understand how to diagnose and initiate management of hematological/oncological disorders which generally need referral.
- 4. Understand the presentation, pathophysiology, and prognosis of important malignancies in children and adolescents.
- 5. Understand the appropriate methods of diagnosis and management of a child with disorders relating to iron.
- 6. Understand indications and complications related to the use of blood products.
- 7. Understand the pediatrician's role in the prevention of hematologic/oncologic disorders.

# **Learning Objectives and Curriculum Content:**

- 1. Identify the changes that occur over time in the hematologic indices in the normal child (e.g., hemoglobin, hematocrit, MCV, etc.)
- 2. Recognize, evaluate, and manage without referral these conditions:
  - a. Iron deficiency
  - b. Thalassemia trait
  - c. Transient erythropenia of infancy or childhood
  - d. Minor, common reactions to blood transfusions
  - e. Sickle cell trait
  - f. Uncomplicated Henoch Schonien Purpura
- 3. Recognize the differential diagnosis, provide initial evaluation and management, and provide appropriate referral of the child presenting with these conditions.
  - a. Anemia (exclusive of common iron deficiency of transient erythropenia)
  - b. Abnormal bruising or bleeding (inherited and acquired)
  - c. Major complications of inherited bleeding disorders
  - d. Hemoglobinopathies (sickle cell and other sickling disorders), including severe pain crisis, fever, stroke, sequestration, and aplastic crises
  - e. Urgent conditions in children under treatment for cancer, including fever while on chemogherapy, chicken pox exposure or illness, bleeding
  - f. Neutropenia
  - g. Thrombocytopenia
  - h. An abdominal mass
  - i. A mediastinal mass
  - j. Conditions that might predispose to malignancy (e.g., neurofibromatosis, Bloom's

# syndrome, retinoblastoma, and familial cancer)

- 4. Identify the presenting complaints, principles of current therapy, prognosis, and long term complications due to the disease or therapy for these conditions:
  - a. Leukemia (ALL< AML)
  - b. Brain tumor
  - c. Hodgkin's Non-Hodgkin's lymphoma
  - d. Neuroblastoma
  - e. Wilm's Tumor
  - f. Soft tissue sarcomas
  - g. Bone tumors (Osteosarcoma and Ewing's sarcoma)
  - h. Retinoblastoma
  - i. Langerhans cell histiocytosis
- 5. For these common pediatric signs and symptoms, describe clinical findings that would warrant screening for malignancy:
  - a. Adenopathy
  - b. Headache
  - c. Limb pain
  - d. Hepatomegaly and/or splenomegaly
  - e. Persistent fever and malaise
  - f. Seizures
  - g. Weight loss
- 6. Describe <u>common</u> acute side effects of commonly used chemotherapeutic drugs (e.g., cyclophosphamide, vincristine, doxorubicin, and methotrexate).
- 7. Describe <u>common</u> late complications of childhood cancer treatment that may present in childhood or adolescents (e.g., learning disabilities, endocrine suppression, second cancers).
- 8. Describe the normal requirements, absorption, and metabolism of iron from birth through adolescence.
- 9. Identify the features of iron deficiency including anemia.
- 10. Describe and use appropriately laboratory tests to screen for, treat, and follow the therapy of iron deficiency.
- 11. Manage iron deficiency appropriately (e.g., dietary management, replacement therapy, parent education, and follow-up).
- 12. List the appropriate indications and potential risks of various blood products (red blood cell products, platelet concentrates, coagulation factors).
- 13. Be aware of alternatives to blood transfusions, e.g., erythropoietin and other cytokines.
- 14. Discuss the reasons for leukofiltration and/or irradiation of blood products.
- 15. Provide dietary counseling to parents about the prevention of iron deficiency.
  - 16. Counsel patients who have a sickle hemoglobinopathy about the importance of antibiotic prophylaxis and urgency of evaluation for fever.

#### **Skills Acquisition:**

# 1. Technical skills:

- a. start an intravenous line
- b. lumbar puncture
- c. bone marrow aspiration

# 2. Laboratory skills:

- a. Blood smear: be able to distinguish abnormalities of red blood cell, white blood cell morphology and assess patelet number. The following abnormalities should be identified: hypochromasia, polychromasia, speherocytes, schistocytes, sickle cells, atypical lymphocytes and blast cells
- b. Describe the clinical importance of Coomb's test, osmotic fragility, serum ferritin, free erythrocyte protophyrin, serum iron and TIBC, fibrin degredation products, fibrinogen hemoglobin electrophoresis, hemoglobin A and F levels, PT, PTT, bleeding time, individual factor assays and mixed PT, PTT.

# **Reading Materials:**

Recommended readings (available at LSUMC, Children's Hospital, departmental libraries and oncology floor):

- a. Hematology of Infancy and Childhood. Nathan and Oski.
- b. Blood Diseases of Infancy and Childhood. Miller.
- c. Malignant Disease of Infancy and Childhood and Adolescence. Altman and Schwartz.
- d. Hematologic Problems in the Newborn. Oski and Naiman.
- e. Principles and Practice of Pediatric Oncology. Pizzo, Poplack.
- f. Nelson's Textbook of Pediatrics. Saunders.
- g. Relevant Pediatric Clinics of North America. Saunders.
- h. Division resource packet.

# **Rotation Requirements:**

- 1. Residents will see all new referrals in clinic and consults on the floor.
- 2. Teaching will take place in the outpatient setting.
- 3. Residents will be required to attend daily didactic sessions. Topics will be scheduled in advance to allow assigned reading and to be certain all objectives are met.
- 4. Residents are required to attend formal lectures, discussions, case presentations, slide reviews and tumor board.
- 5. Residents will be encouraged to work up a case report or get involved in a research project.
- 6. Inpatient responsibilities will be limited to new and educationally interesting patients and consults.