September 22, 2020



School of MedicineDepartment of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our website

LSU Pediatrics Announcements

LSU Pediatric Hospital Medicine Fellowship Program Receives ACGME Accreditation



Congratulations to Program Director Dr. Amanda Messer who received word last week from the Accreditation Council for Graduate Medical Education (ACGME) that her Pediatric Hospital Medicine Fellowship Program is officially accredited. The LSU PHM Fellowship Program is the first and only one in the state of Louisiana! Great work, Dr. Messer, Coordinator Hanh Rimmer, and the whole Hospitalist Division.

Hematology/Oncology/HSCT Division Receives COG NCORP Award

Dr. Lolie Yu announces that the Children Oncology Group NCI Community Oncology Research Program (COG NCORP) certificate of excellence has been awarded to our LSUHSC/CHNOLA Pediatric Heme-Onc/HSCT program for assisting with the development and conduct of studies in cancer prevention and control, disparities and cancer care

delivery research (CCDR).

Our program had been one of the highest accrual sites repeatedly among 47 other sites over the last few years and our site also provided leadership roles in CCDR and the Diversity & disparities committees. In so doing, we have contributed significantly to the COG NCORP mission. View the certificates here.



Update Your CV with Pediatric Course Numbers

Vice Chair of Education Dr. Bonnie Desselle and Pediatric Clerkship Director Dr. Amy Prudhomme gave a presentation at the recent faculty meeting and wanted to point out the slide below for those who missed the meeting. If you contribute to the education of medical students in their 3rd or 4th year, be sure to document with these updated course numbers on your CV. If you missed the Educational Program Update at the faculty meeting, you can view the slides here.

Course numbers for CV documentation

- Don't forget to include the course number in your CV for your academic contribution
- 3rd year Clerkship= PEDIATRICS 300
- · 4th Year
 - Primary Acting Internship = PEDIATRICS 419
 - Secondary Acting Internship = PEDIATRICS 418
 - Elective= PEDIATRICS 420
 - Visiting or Away rotation= 499

Upcoming Wellness Events



Dr. Jerussa Aita-Levy and the Wellness Committee welcome you to these upcoming virtual wellness events:

Wednesday, September 23 at 7:00 p.m.

Working Mom's Zoom Social

with guest Dr. Nilong Vyas, Founder of Sleepless in NOLA Zoom Information: Meeting ID: 956 6006 0841; Password: 097306

Click here for the zoom link.

Friday, September 25th at 5:30 p.m.

Department Zoom Social and Cocktails□ with co-hosts Dr. Shubho Sarkar and Dr. Regina Zambrano Zoom Information: Meeting ID: 983 0616 0291; Password: 979015 Click here for the zoom link.

Grey LSU Peds Shirts

Last chance! Please get your request in by tomorrow, Wednesday, September 23. We have enough interest to make the order.

If you want to order agrey LSU Pediatrics t-shirts, add your name, number of shirts and size(s) to this <u>shared spreadsheet</u>. Each shirt will cost around \$13 plus tax.



SSPR Call for Abstracts Volunteer Opportunity to Review Abstracts

SRM Abstract Submission Deadline - October 9 at 11:00pm CST

https://srm2021.abstractcentral.com/

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27,



email Dr. Houser.

2021. Abstracts submissions are due October 9 at 11:00pm CST. Read the official call for abstracts here.

Dr. Marcie Houser is asking for volunteers from the department to help review abstracts for the meeting. If interested in reviewing Pediatric clinical case reports, Adolescent and General Pediatrics abstracts, and Neonatology case reports,

Learn How to Write a Manuscript with Journal of Investigative Medicine's Editor-in-Chief

The American Federation for Medical Research is hosting a virtual lecture titled How to Write A Manuscript as part of their <u>Virtual Education Series</u>. The talk is scheduled for Tuesday, September 29 from 1:00 p.m. - 2:30 p.p CST. Register here.

Other Announcements

Latest edition of LSU SOM's The Pulse. (link)

LA CaTS Pilot Grant Program is currently accepting applications for the 2020-2021 Grant Development Award Program and Visiting Scholar Program. Click <a href="https://here-physical.com/here-ph

Policy for Charging Personal Protective Equipment to NIH Grants and Cooperative Agreements as Direct Costs (information)

New Vertebrate Animals Section (VAS) Online Training Module (<u>information</u>)

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement (information)

Importance of Time Certification (<u>information</u>) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases (information)

Use of Non-LSUHSC Email (information)

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 here. All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU(information)

Several Avenues of Stats Support, Education and Consultation (information)

Download the new Department Composites for this academic year! (<u>Faculty</u>, <u>Fellow</u>, <u>Resident</u>).

FACULTY DEVELOPMENT

New video monthly

September Video: Giving Feedback

Feedback is crucial for educating our learners. But it doesn't always com naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run time of 12 minutes its great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

https://vimeo.com/76300757

If you are interested in other forms of Faculty Development, visit these websites:

- LSU Pediatrics Faculty Development Page
- LSUHSC GME Medical Education Development Site

For questions or comments regarding Faculty Development, please contact Amy Creel.

DIVERSITY, EQUITY, & INCLUSION

This new section of Tuesday Tidbits will highlight Diversity, Equity, and Inclusion within our department as well as outline events, workshops and lecture series available to faculty, staff and trainees.

Racism: Dismantling the System
Tuesday, September 22, 3:30 p.m. - 5:00 p.m.

This is the first part of an ongoing series that aims to unpack the systemic racism plaguing our nation, in an effort to actively work to make changes in our communities. Learn more about the event here. To confirm your attendance and receive the Zoom access code, please click here to complete the registration on Eventbrite.

Racial Disparities in Health: Did the COVID-19 Pandemic Expose the Cover-up of Racism in Healthcare?

Virtual Pediatric Grand Rounds Wednesday, September 23, 2020 12:00pm - 1:00pm (see below Grand Rounds section for full flyer)

Dedrick E. Moulton, MD
Associate Professor of Pediatrics,
Division Director Pediatric Gastroenterology
LSU Health New Orleans and
Children's Hospital

ZOOM LINK

Improving Promotion and Tenure Success of Scientists from Underrepresented Groups in Academia

Second Seminar in the Series Friday, September 25, 2020 11:00am - 1:00pm

Registration link for this specific seminar Here's the agenda for the series

LSU Residency URM Student Showcase

LSUHSC Associate Dean of Diversity & Community Engagement Dr. Robert Maupin organized the LSU Residency URM Student Showcase this past Saturday. The event opened with an initial welcome and institutional overview and then broke off into sessions where individual residency programs showcased their program. Program Director **Dr. Chelsey Sandlin** and a group of panelists comprised of graduates and current residents met virtually with about twenty students identifying as underrepresented minorities to discuss the program and answer their questions. Thank you to Dr. Sandlin and the panelists (listed below) for representing our program at such an important event!

Lauren G. Davis, MD LaTasha Henderson, MD Rachelle Daris, MD Natalie Derouen, MD Hayoung Lee, MD Rixney Reed, MD





CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors (<u>information</u>, <u>map</u>)

Latest edition of CHNOLA Employee E-News (link)

COVID-19 Visitor Update (information)

Latest COVID-19 Policies (information)

Upcoming Events

For those who prefer an Outlook Calendar Reminder for Grand Rounds, please <u>click</u> <u>here</u> for directions that walk you through creating a recurring reminder.



Virtual Pediatric Grand Rounds

Wednesday, September 23, 2020 Noon-1pm

"Racial Disparities in Health: Did the COVID-19 Pandemic Expose the Cover-up of Racism in Healthcare?"

Dedrick E. Moulton, MD

Associate Professor of Pediatrics,
Division Director Pediatric Gastroenterology
LSU Health New Orleans and
Children's Hospital

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: https://lsuhsc.zoom.us/i/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile:

+16465588656,,99010762984# US (New York)

+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

- 1. Define health disparities and health inequities.
- 2. Define microaggressions.
- 3. Review social determinants of racial disparities.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



School of Medicine
Department of Pediatrics





Join Grand Rounds through the Zoom Portal:

https://lsuhsc.zoom.us/j/99010762984? pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428 One tap mobile: +16465588656,,99010762984# US (New York) +13017158592,,99010762984# US (Germantown)

9.29.30 - How To Write a Manuscript, American Federation for Medical Research <u>Virtual Education Series</u>, Tuesday, September 29 from 1:00 p.m. - 2:30 p.p CST. Register <u>here</u>.

9.30.20, 10.21.20, & 11.18.20 - UAB Center for Clinical and Translational

Science - Specific Aims Intensive AND Grant Proposal Development Academy (<u>information</u>)

- **10.2.20** LSU Pediatrics Virtual Research Fest, 1:00pm 5:00pm. Review the Call for Abstracts to learn more.
- **10.19.20** Insights Into the Impact of Sections and Departments on Your Career, Virtual Chat with American Pediatric Society & Society for Pediatric Research, register here.
- **11.21.20** 22nd Annual Frontiers in Diabetes Research Conference: "Obesity, Diabetes and COVID-19 elucidating the bidirectional links" (information)

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

- 1. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! (information)
- 2. A great article about grief in this new version of our world information)
- 3. CAP's Advise on Dealing with Stress (article)
- 4. 7 steps to help doctors reduce stress during the COVID-19 outbreak (link)

Wellness Break: 3 Ways Your Mind Makes You Miserable (And How to Stop It Today) Dr. Jerussa Aita-Levy recommends reading our last Wellness Grand Rounds Speaker Dr. Gail Gazelle's emails and blog posts. Dr. Levy found one of Dr. Gazelle's recent posts helpful and wanted to share it with the department. You can also watch Dr. Gazelle's weekly wellness talks on her Facebook page.

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here (Grand Rounds, Noon Conference). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at https://zoom.us/j/92100651837.

Need child care? Touro's got you covered. Touro has re-opened its Kids Activity Center and they are generously accepting children of LCMC Health employees (ages 5-11). The Kids Activity Center is open from 6:30 am - 7 pm.

CHNOLA Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back in-person on Tuesdays and Thursdays! Beginning Tuesday, September 8, all bootcamp sessions on Tuesdays and Thursdays will be in-person outside the Conference Center. The time will remain 5:30 - 6:30 pm.

CHNOLA Yoga: We're bringing back Zoom yoga with Dr. Amy Henke! Classes will be Wednesdays from 5:30 - 6:30 pm. Children's Hospital Psychologist, Dr. Amy Henke will be leading free Zoom Yoga classes for employees and staff. No experience is necessary! Classes are suitable for beginners and designed to encourage moving at your own pace with an emphasis on mindfulness, relaxation, and somatic stretching. https://chnola.zoom.us/my/amyhenke Zoom ID number: 867 947 2744

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, stregth, stretching, bootcamp, yoga and meditation over an extended 90 day trial (<u>information</u>).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL (<u>information</u>)

Shira Kraft, Pilates Instructor: 30 minute session on youtube (<u>information</u>)

Beachbody: Free sample workouts (<u>information</u>); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene (YouTube channel)
Fight Master Yoga (YouTube channel)
Fitness Marshall (YouTube channel)- for those who like dancing
Yoga for Kids! Cosmic Kids Yoga (YouTube channel)

Meditation:

Free Headspace Plus for all US Healthcare Workers (<u>information</u>) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: (information) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health <u>here</u>.

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 27 years
Cori Morrison, 10 years
Amanda Dumas, 7 years
Leslie Reilly, 6 years
Brooke Naranjo, 4 years
Peter Tieh, 4 years
Tamara Bradford, 1 year
Ashley Stevens Farge, 1 year
Rachel Hansen, 1 year
Nathalie Medeiros, 1 year

Shannon Powell, 1 year

Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. (link)

Submit information to the next Tuesday Tidbits

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