September 1, 2020



School of MedicineDepartment of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our website

LSU Pediatrics Announcements

Happy Retirement, Lanette Carroll!





Congratulations to Lanette Carroll on her well-earned retirement! Lanette has served as the department's Medical Student Clerkship Coordinator for almost ten years and will be greatly missed. Members of the department shared their memories and well wishes for Lanette below. You can also view some pictures of the administrative group over the years here. We will miss having Lanette as part of our administrative team!

<u>Dr. Amy Creel</u>: When she joined as our administrator she transitioned the clerkship from all paper record to electronic, helping streamline scheduling and record keeping systems. She was an integral part in growing from 2 campuses (NO and Lafayette) to three with the addition of students in Baton Rouge. She served as the key communicator with the administrators at those campuses to ensure students received comparable excellent experiences no matter where they rotated.

<u>Dr. Bonnie Desselle</u>: Thank you for all of your many years of service to LSU and assisting with our students. As you described your role is one step in the big picture of medical education. I hope you know that it is a huge step and without people like you, we would be challenged in training the next generation of doctors for Louisiana. I have always appreciated your kind nature and dedication to your job. Please enjoy this next chapter of your life.

<u>Dr. Shannon Palombo</u>: Lanette, thank you for playing a vital role in contributing to the success of our pediatric clerkship over the last 10 years. We will miss you!

<u>Dr. Elizabeth Wisner</u>: Thank you for your many years of service to our institution. Your role as Pediatric Clerkship Coordinator has helped to shape the careers of many successful pediatricians in our community. I am very grateful for all that you have done for all of us. You will be very missed!

<u>Dr. Susan Berry</u>: Lanette was always willing to do what was needed even when it was outside her job description! She will be missed!

<u>Hyang Lee</u>: Thank you for your years of service to the department and medical students. You have been such an asset to the department. We will miss your helpful nature, easy wit and ability to problem solve. Best wishes on your next adventure!

<u>Kelly Allerton</u>: You have been such a kind, helpful coworker and friend. It was a pleasure to be on your team for the last ten years. Cheers to a happy and healthy retirement!

<u>Dr. Raymond Watts</u>: Our Department of Pediatrics is made up of people. People who dedicate their talents to our Goals of Excellence in Patient Care, Education, Research and Advocacy. Lanette has been a tireless advocate for Excellence in Education. All of the progress we have made in Medical Student Education, recognized earlier this year by the Aesculapian Award for Best Department, have passed through the capable and patient administrative hands of Lanette. Thank you Lanette. Enjoy your retirement.

Faculty Appointed to Diversity Committees







Dr. Amanda Dumas was recently selected to serve on the Academic Pediatric Association's Anti-Racism & Diversity Task Force. The Task Force is charged to identify strategies to combat systemic racism, implicit bias and discrimination against those underrepresented in medicine in academic pediatrics.

Dr. Bonnie Desselle was appointed to both LCMC and Children's Hospital's

Steering Committees on Diversity, Equity and Inclusion. Dr. Dedrick Moulton was also appointed to the same Children's Hospital Steering Committee.

LSU Pediatrics Virtual Research Fest October 2, 2020 1:00pm - 5:00pm

Dr. Stuart Chalew announced yesterday that the department's Research Fest will be held virtually this year on Friday, October 2 from 1:00pm - 5:00pm. Abstracts can be submitted until Sunday, September 13. All abstracts will be accepted and presented as slides. Please review the <u>Call for Abstracts</u> to learn more.

SSPR Releases Call for Abstracts Volunteer Opportunity to Review Abstracts



SRM Abstract Submission Deadline - October 9 at 11:00pm CST

https://srm2021.abstractcentral.com/

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27, 2021. Abstracts submissions are due October 9 at 11:00pm CST. Read the official call for abstracts here.

Dr. Marcie Houser is asking for volunteers from the department to help review abstracts for the meeting. If interested in reviewing Pediatric clinical case reports, Adolescent and General Pediatrics abstracts, and Neonatology case reports, <a href="mailto:emailt



Caring for LGBTQ Youth Training

You're invited to participate in a training series targeted at increasing provider capacity to deliver inclusive and welcoming care to LGBTQ youth!

This training will use a combination of live virtual sessions for engagement with the training staff and co-learners, and three self-paced training modules that deliver the core content of the training. This training is being conducted in partnership with Teen Health Mississippi.

Live Webinar #1

Purpose: Discuss training expectations and prepare for LGBTQ 101

Date/Time: 9/2/20 OR 9/4/20 from 11:30 am to 1:00 pm (participants will be able to select which date they prefer to attend. More information on selecting a date will be provided

after registration)

LGBTQ 101: Getting the Basics (self-paced)

Dates: 9/7/20 to 9/27/20

Live Webinar #2

Purpose: Recap LGBTQ 101 and prepare for LGBTQ 102

Date/Time: 10/2/20 from 11:30 am to 1:00 pm

LGBTQ 102: A Deeper Dive (self-paced)

Dates: 10/5/20 to 10/25/20

Live Webinar #3

Purpose: Recap LGBTQ 102 and prepare for LGBTQ 103

Date/Time: 10/30/20 from 11:30 am to 1:00 pm

LGBTQ 103: Taking Action (self-paced)

Dates: 11/2/20 to 11/22/20

Registration

To register, please email Carleigh Baudoin at cbaud6@lsuhsc.edu

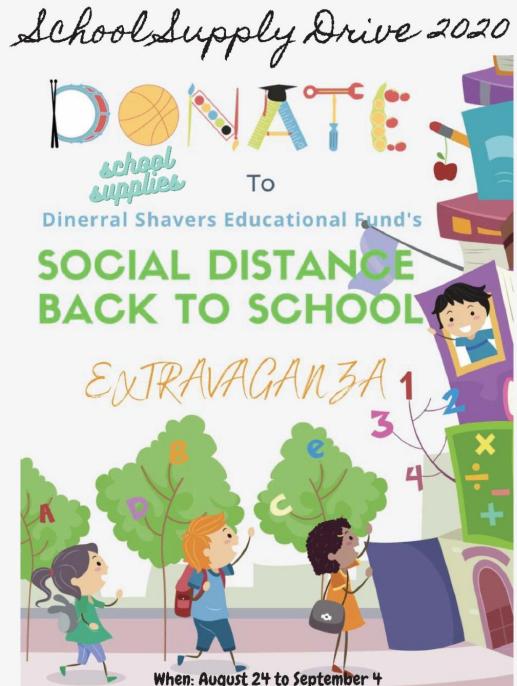
Continuing Education Credits

CNE: This training has been approved for nursing continuing education credits (RN, APRN) through Children's Hospital New Orleans.

CME: The Louisiana State University School of Medicine, New Orleans designates this live activity for a maximum of 9 $AMA\ PRA\ Category\ 1\ Credits^{TM}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

See printable flyer here.





When: August 24 to September 4
Where: Donation boxes will be available in the doctor's lounge, resident lounge and department of pediatrics office on State Street.
For any questions or more information, e-mail Nikita at nlalch@lsuhsc.edu.

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<u>Supplies Needed</u>: Crayons, pencils, loose leaf paper, binders, pens, spiral notebooks, scissors, ruler, index cards, colored markers, glue sticks, bottles of glue, pocket folders, facial tissue, paper towels, backpacks, construction paper, highlighters, binder dividers, photo copy paper, erasers, colored pencils, pencil cases, composition notebooks, red pens, dry erase markers, nap mats.

Latest edition of LSU SOM's The Pulse. (link)

NORC Initiative to Advance the Careers of Researchers from Groups Underrepresented in Academia (URiA) Schedule (<u>information</u>)

New Vertebrate Animals Section (VAS) Online Training Module (<u>information</u>)

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement (information)

Mentored Career Development (KL2) Program in Clinical and Translational Science (<u>information</u>)

PAS Neonatology Summer Webinar Series (<u>information</u>)
PAS Hospital-Based Medicine Summer Webinar Series (<u>information</u>)

Importance of Time Certification (<u>information</u>) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases (information)

Use of Non-LSUHSC Email (information)

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 here. All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU(information)

Several Avenues of Stats Support, Education and Consultation (information)

Download the new Department Composites for this academic year! (<u>Faculty</u>, <u>Fellow</u>, <u>Resident</u>).

FACULTY DEVELOPMENT

New video monthly

September Video: Giving Feedback

Feedback is crucial for educating our learners. But it doesn't always com naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run time of 12 minutes its great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

https://vimeo.com/76300757

If you are interested in other forms of Faculty Development, visit these websites:

- LSU Pediatrics Faculty Development Page
- LSUHSC GME Medical Education Development Site

CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors (<u>information</u>, <u>map</u>)

Latest edition of CHNOLA Employee E-News (link)

COVID-19 Visitor Update (information)

Latest COVID-19 Policies (information)

Upcoming Events



Virtual Pediatric Grand Rounds

Wednesday, September 2, 2020 Noon-1pm

"Advocacy 101: What, Why and How?"

Ashley Politz, LMSW

Executive Director, Louisiana Chapter, American Academy of Pediatrics

Stephen Wright

Principal Consultant, Seersucker Strategies, LLC

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)

+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

- Review the legislative process, generally and specifics about Louisiana.
- 2. Define what an advocate is, how to be an effective advocate and why being an advocate is important.
- 3. Describe what the Louisiana AAP does to advocate for its members and the practice of Pediatrics.
- 4. Identify ways to become involved and become an advocate.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.







Join Grand Rounds through the Zoom Portal:

https://lsuhsc.zoom.us/j/99010762984? pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428 One tap mobile: +16465588656,,99010762984# US (New York) +13017158592,,99010762984# US (Germantown)

Resident Senior Scholarly Presentations

Conference: Clinical Case Conference

Date/Time: Thursday, September 3, 2020, 12:10pm – 1:00pm **Title**: "Developmental Delay Due to Leigh Syndrome"

Presenter: Dr. Chelsea Vaughn

Faculty's dedication to our trainees and effort to attend these sessions and contribute to the discussion is much appreciated. CME credit will be offered!

Zoom Information: Meeting ID: 987 2113 4546; Password: Isupeds20 Click here for the zoom link.

10.2.20 - LSU Pediatrics Virtual Research Fest, 1:00pm - 5:00pm. Please review the <u>Call for Abstracts</u> to learn more.

11.21.20 - 22nd Annual Frontiers in Diabetes Research Conference: "Obesity, Diabetes and COVID-19 – elucidating the bidirectional links" (information)

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

- 1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! (information)
- 2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! (<u>information</u>)
- 3. A great article about grief in this new version of our world information)
- 4. CAP's Advise on Dealing with Stress (article)
- 5. 7 steps to help doctors reduce stress during the COVID-19 outbreak (<u>link</u>)

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here (<u>Grand Rounds, Noon Conference</u>). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at https://zoom.us/j/92100651837.

Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back inperson on Thursdays! Starting Thursday, June 18, Krewe du Crossfit's free **Thursday** classes for Children's Hospital and LCMC Health employees will be in-person at 5:30pm and not casted on Zoom. **Tuesday** classes will remain virtual and accessed through this <u>Zoom link</u>. **Saturday** classes start at 9:30am and costs \$10 (combined yoga and bootcamp). Saturday Zoom info: zoom ID: 930503841, password: krewe.

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, stregth, stretching, bootcamp, yoga and meditation over an extended 90 day trial (<u>information</u>).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL (<u>information</u>)

Shira Kraft, Pilates Instructor: 30 minute session on youtube (information)

Beachbody: Free sample workouts (<u>information</u>); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene (YouTube channel)
Fight Master Yoga (YouTube channel)
Fitness Marshall (YouTube channel)- for those who like dancing
Yoga for Kids! Cosmic Kids Yoga (YouTube channel)

Meditation:

Free Headspace Plus for all US Healthcare Workers (<u>information</u>) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: (information) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health <u>here</u>.

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 27 years
Cori Morrison, 10 years
Amanda Dumas, 7 years
Leslie Reilly, 6 years
Brooke Naranjo, 4 years
Peter Tieh, 4 years
Tamara Bradford, 1 year
Ashley Stevens Farge, 1 year
Rachel Hansen, 1 year
Nathalie Medeiros, 1 year
Shannon Powell, 1 year

Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. (link)

Submit information to the next Tuesday Tidbits
