May 26, 2020



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our website

LSU Pediatrics Announcements

LSUHSC 8th Annual Quality Improvement & Patient Safety Forum

Be sure to tune in to the virtual LSUHSC QI Forum on Thursday, June 4. Numerous presenters from Pediatrics will be featured:

1:20 - 1:25

Increasing General Pediatrics Training in the Med/Peds Curriculum Andrea Heifner, MD

1:25 - 1:30

Resident Handoffs Jamie Yeager, MD

1:30 - 1:35

Neonatal Hyperbilirubinemia Kelsey Quarls, MD and Nicole Vegh, MD

1:35 - 1:40

Flu Vaccinations Rates of Documentation on 5 Center Nikita Lalchandani, MD

1:40 - 1:45

Peer Debriefing for Pediatric Residents Michelle Duplantier, MD

1:45 - 1:50

Emergency Contraception Education in Pharmacy School Students Nikita Lalchandani, MD

1:50 - 1:55

Improving Resident Preparedness for the Pediatric Intensive Care Unit Courtney Styres, MD

2:00 - 2:05

Improving Chlamydia Screening Rates among Adolescents in a New Orleans
School-Based Health Center
Carleigh Baudoin, MPH

2:05 - 2:10

Improve ASQ completion at Well Child Checks in MedPeds Clinic Janet Smith, MD

2:10 - 2:15

Improving Admission Temperature in Neonates Transferred to Children's
Hospital of New Orleans
Casie James, MD

You can view a full schedule here.

Zoom link: https://lsuh.sc/msQlposter1, Password: equip1

COVID-19 UPDATES

Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.

LCMC Telehealth (information)

LSUHSC's COVID-19 Page (website)

CHNOLA's COVID-19 Page (website)

LSU GME's COVID-19 Resources (website)

PAS Neonatology Summer Webinar Series (information)

Importance of Time Certification (<u>information</u>) - learn more about why we certify time each month!

Update from LSUHSC Grants Office (information)

Coronavirus grant – up to \$1M awards plus personalized drug development team (<u>information</u>)

Download the new Department Composites for this academic year! (<u>Faculty</u>, <u>Fellows</u>, <u>Residents</u>).

New Pre-Review for Grant Proposals service offered by LSU(information)

Latest edition of LSU SOM's The Pulse. (link)

Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

- Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
- 2. Formal Stats course through LSU contact Dr. Donald Mercante for info and times.
- 3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's https://www.lacats.org Need to register/apply through SPARC website through link on https://www.lacats.org/. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

Resident Class of 2020 Spotlight

The COVID Pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.



Brandon Fairless, MD

<u>From</u>: Memphis, TN <u>College</u>: Auburn (WDE)

Medical School: University of Tennessee

After Graduation: Chief Resident! And then

a Nephrology Fellowship

<u>Talents</u>: Homemade Kale Chips, packing cars for road trips, piecing together a complete meal out of various leftover scraps

Interesting Fact: I've broken 13 bones; One time I bowled next to Good Charlotte; I was one of the tallest kids in sixth grade...have subsequently plummeted down the growth

chart.

Advice you wished you'd known during residency. Natural progression of a disease state doesn't mean you've failed at doing your job!

<u>Evaluation Highlights</u>: "Brandon is a gem. He cared for multiple complex patients with ease and always with a positive attitude. His easy-going and positive personality was well appreciated by the team. He is smart, reliable and compassionate. His patients will love him!"

Rose Di Peppi, DO

Hometown: Ellicott City,

Maryland

Undergraduate: James
Madison University
Medical School: VCOM-

Virginia Campus

Plans After Graduation: Pediatrician in South Carolina

Talent: Gardening...
cooking...then eating. Also
nightly dance sessions with my daughter.



Interesting Facts: I once was a third-degree black belt; I have traveled to more countries than my age; I've camped in the Andes, thrown myself out of a helicopter in the Swiss Alps, and watched snow fall from the great wall of China #thrillseeker; I grew up as the boy my parents never had so naturally I love football, baseball, and hockey; My husband and I shamelessly use our daughter to show off our foodie adventures...@foodbabynola

Advice you wish you'd know in residency. Residency and life can be tricky, but Dori once told me to "Just keep swimming" and if that doesn't work nurses usually know what to do!

<u>Evaluation Highlights</u>: "Rose goes above and beyond for her patients, and you can tell they appreciate her. I always enjoy working with her. She is the type of doctor that I would feel very comfortable referring my family and friends to for medical advice."

Fellow Class of 2020 Spotlight

Congratulations to our fellowship graduates of 2020! Thank you for your years of service to the department, your division, and your patients.



<u>From</u>: Pakistan <u>College</u>: Government Frontier College,

Peshawar, Pakistan

Medical School: Khyber Medical College

and University, Peshawar, Pakistan

After Graduation: General cardiology

Talents: Cooking, gardening

Interesting Fact: Completed two hiking

treks in Himalayan mountain range (Asumbar Pass and Naltar Pass)

Advice you wished you'd known during fellowship Prospective research studies are not very feasible during fellowship unless already ongoing

<u>Evaluation Highlights</u>: Dr. Maqsood was a great fellow to work with from a resident's perspective. She was always approachable and took advantage of every opportunity to teach. She balanced complex patient care with being the intermediary between us and the attending, and was always helpful and informative.

Nicole Dinh, DO

From: Huntington Beach, California

<u>College</u>: University of California, San Diego <u>Medical School</u>: Touro University College of

Osteopathic Medicine, California

After Graduation: NICU physician at Huntington Hospital, Pasadena, California

Talents: piano, dog whisperer

Interesting Fact: I had a pet monkey growing up.

Advice you wished you'd known during fellowship Have an idea of what you want to do for your scholarly activity and do not push it off.

<u>Evaluation Highlights</u>: It's a pleasure working with Dr. Dinh. She communicates well with families and other health care professionals. She has a very positive attitude and lively spirit. She is highly approachable and maintains a positive attitude that transfers down to the rest of the team.



New video monthly

May Video: Feedback

Feedback remains a core teaching skill, crucial for learners of all levels whether in person or utilizing technology. In the fall we visited division meetings offering faculty development on Specific Feedback. For those who weren't able to attend a session, and those who would like a refresher, we are



offering the content of that session here. <u>This PowerPoint</u> will take less than 10 minutes to review (videos included). Let's all continue to provide excellence in our educational mission.

If you are interested in other forms of Faculty Development, visit these websites:

- LSU Pediatrics Faculty Development Page
- LSUHSC GME Medical Education Development Site

For questions or comments regarding Faculty Development, please contact <u>Amy Creel</u>.

CHNOLA Announcements

Latest edition of CHNOLA Employee E-News (link)

CHNOLA EPIC Updates:

Storyboard Update - May 20th (<u>information</u>)

Storyboard is coming to EPIC May 19th (information)

- Storyboard ABCs
- Storyboard Anesthesia Crosswalk
- Storyboard Surgery Crosswalk
- Ambulatory Storyboard Crosswalk All Users
- Storyboard Inpatient Crosswalk
- Storyboard ED All Users

Discontinuation of COVID Transmission Based Precautions (message, information)

MyChart Care Companion Home Monitoring Program (information)

IP Provider: MyChart Home Monitoring Program (<u>information</u>)

Upcoming Events

Grand Rounds

There has been a recent issue with Grand Rounds calendar invitations being sent out erroneously. Please do not try to create a calendar item using any Grand Rounds announcement emails. Instead, go to your calendar and create one manually from there. We think using the email shortcut to a calendar invitation is creating the issue.



Virtual Pediatric Grand Rounds

Wednesday, May 27, 2020 8:00 am

The Role of the Primary Care Provider in the Care of Children and Adolescents with Inflammatory Bowel Disease in the Era of Personalized Medicine

Dedrick Moulton, Sr., MD

Associate Professor, Division of Pediatric Gastroenterology, Department of Pediatrics, LSU Health New Orleans Service Line Chief, Department of Gastroenterology, Children's Hospital New Orleans

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFlxaGtWWW8vSmFPZmNEQ1FSQT09

Meeting ID: 959 4877 3509, Password: 947648

One tap mobile: +16465588656,,95948773509# US (New York) +13126266799,,95948773509# US (Chicago)

Note: This is a live activity. The link is only valid from 8-9:00 am and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

- 1. Discuss the approach to diagnosis of inflammatory bowel disease in the pediatric patient.
- 2. Discuss treatment and monitoring strategies for the pediatric IBD patient.
- 3. Discuss growth and developmental issues of pediatric inflammatory bowel disease.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.







Zoom link: https://lsuhsc.zoom.us/j/95948773509? pwd=dlhQVFlxaGtWVW8vSmFPZmNEQ1FSQT09

Resident Senior Scholarly Presentations

Conference: LSU Pediatric Residency M&M

Date/Time: Thursday, May 28, 2020, Noon Conference, 12:10pm - 1:00pm via

Zoom (info below)

Presenters: Drs. Katherine Greer & Jordan Doss

Mentor: Drs. Isa Ashoor & Richelle Monier

Zoom Meeting Invitation:

Topic: LSU Pediatric Residency Conferences

Time: recurring meeting

Join Zoom Meeting: https://lsuhsc.zoom.us/j/330263263

Meeting ID: 330 263 263 Password: Isupeds20

5.26.20 – Zoom Forum about COVID Research on Campus for interested faculty and staff, 4:00pm (<u>information and zoom link</u>); Participants include:

- Wayne Backes, PhD Associate Dean for Research
- Lucio Miele, MD, PhD Department Head for Genetics
- Alistair Ramsay, PhD Department Head for Microbiology, Immunology and Parasitology
- Arnold Zea, PhD Associate Professor, Research, Department of Microbiology and Chair of the Institutional Biosafety Committee
- Julio Figueroa, MD Chief of the Section of Infectious Diseases
- Mike Hagensee, MD Professor of Medicine, Section of Infectious Diseases
- Jawed Alam, PhD MBA Executive Director, Research Services

6.4.20 – LSU GME's Virtual Quality Improvement & Patient Safety Forum, 12:00pm – 4:00pm (<u>information</u>).

6.19.20 - Hello/GoodBye Ceremony via Zoom

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

- Dr. Amy Creel has created a shared file of Childcare Resources that can be accessed by all in the department. Please review, use and edit as you'd like! (information)
- Remember LSUHSC Campus Assistance Program (CAP) is here to help! (<u>information</u>)
- 3. A great article about grief in this new version of our world information)
- 4. CAP's Advise on Dealing with Stress (article)
- 5. 7 steps to help doctors reduce stress during the COVID-19 outbreak (link)

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here (<u>Grand Rounds, Noon Conference</u>). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and

advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at https://zoom.us/i/92100651837.

Bootcamp Class: Children's is offering a FREE vitural boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend here.

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, stregth, stretching, bootcamp, yoga and meditation over an extended 90 day trial (<u>information</u>).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL (<u>information</u>)

Shira Kraft, Pilates Instructor: 30 minute session on youtube (<u>information</u>)

Beachbody: Free sample workouts (<u>information</u>); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene (YouTube channel)
Fight Master Yoga (YouTube channel)
Fitness Marshall (YouTube channel)- for those who like dancing
Yoga for Kids! Cosmic Kids Yoga (YouTube channel)

Meditation:

Free Headspace Plus for all US Healthcare Workers (<u>information</u>) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: (<u>information</u>) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health <u>here</u>.

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Mary Pendleton, 20 years Richelle Monier, 4 years

Looking for old newsletters? View the *Tuesday Tidbits* archive on the department's website. (link)

Submit information to the next Tuesday Tidbits

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